

# Don't worry, just pray AUGUST 2011

## Theme: Rest

Dear Lord, while nature is still at rest, today I pray especially for ...

### Prayer Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 tranquility in my heart amidst the hustle and bustle of the world	2 <b>Pouses in jou lewe</b> "Die note op die klavier speel ek niks beter as enige ander pianis nie. Maar die pouses tussen die note - daar lê die kuns." <i>Chopin</i>	3 serenity of mind, so that I can experience your peace and love	4 unstrained eyes in order to see other people who are in need	5 a smiling face to bring joy to those who are sad	6 quiet hands so that I can help in putting those with shaky hands into God's steady hands
7 <b>Rus vir myself</b> "Kom na my toe, almal wat uitgeput en oorlaai is, en Ek sal julle rus gee." <i>Matt 11:28</i>	8 untroubled ears so that I can hear You clearly when you speak to me	9 a soft-speaking mouth to give praise to God for all women on this Women's Day	10 <b>Rustyd</b> "Rus pas by werk, soos die ooglede by die oë." <i>Tagore</i>	11 unhurried feet in order not to neglect the elderly	12 tender arms to embrace discouraged people with hope	13 peaceful eyes to extend your peace to those with whom I come in contact with
14 <b>Rus vir myself</b> "Julle krag lê in stil wees en vertrou hê." <i>Jes 30:15</i>	15 calmness of heart in order to bring love where there is hate	16 soft and caring hands for laying on the sick	17 a lazy tongue that keeps me from talking badly to and of others	18 carefree time to spend with myself and my loved ones	19 <b>'n Stadiger pas</b> "Vertraag my pas. Here. Maak my rustiger. Herinner my dat daar veel meer aan die lewe is as meer spoed." <i>Orin Crain</i>	20 a slow and simple lifestyle to enjoy the free gifts of life
21 <b>Rus vir myself</b> "Hy bring my by waters waar daar vrede is." <i>Ps 23:2</i>	22 an understanding heart to support those who are in mourning	23 an unprejudiced mind not to judge others only by what I can see	24 <b>Rus in U</b> "God het ons vir Homself gemaak en ons hart bly onrustig tot dit rus vind in Hom." <i>Augustinus van Hippo</i>	25 sensitive ears to hear and experience your wonderful creation through sound	26 a free spirit, because through Jesus I am freed from sin	27 forever young knees to kneal down in prayer more often
28 <b>Rus vir myself</b> "Maar ek het kalmte en rus gekry." <i>Ps 131:2</i>	29 more quiet time to spend in your presence	30 rested arms to lift up high in praise to you	31 watchful eyes so I can see the first signs of spring			